Understanding Confusion

Gaining a new perspective...

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CONFUSION

When we understand what confusion supports us with in relationship, we can finally “STOP” and invite clarity of intention into our lives.
Confusion allows us to take a step back and gain perspective of what is really taking place in our reality.

Confusion is an energy that has us stop and take a look at what’s going on, so we can make an informed choice.

When confusion is present in our lives, we grow by taking notice that there is a decision that needs to be made.

It’s a message to remove ourselves from the immediate environment and gain a fresh new look.
Gaining a new perspective...

Confusion In Relationship:
Confusion creates a smoke cloud in the environment. As an indicator, Confusion nudges us to reconsider our past choices. If you have confusion around a relationship then ask yourself whether there is a decision that you are avoiding.
Take a witness/observer stance and see if you have been missing some glaring and obvious imbalance in the relationship.
ASK:
Is there something that I am not wanting to see?
Is it time to complete on this stage, phase or contract? What do I need to get clear about in this relationship?