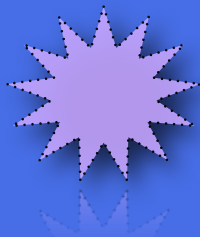


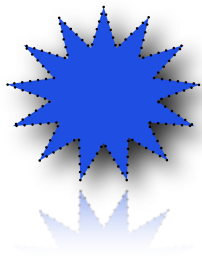
THE
ADVENTURES OF...



ARCHANGEL GABRIEL



Christel Hughes, C.Ht.



THE ANGEL OF POWER **ARCHANGEL GABRIEL**

Archangel Gabriel's name means:

“Hero of God”

Archangel Gabriel's primary purpose is:

To support Justice and Truth

Archangel Gabriel has historically been known as the “Messenger of Truth”, “Bringer of News” and he heralds the revealing of answers.

If you ask him for guidance, in accordance with Divine will, Archangel Gabriel will provide you with the information.

He is the Patron Saint of Communications, so he is able to help you with mastering your inner communications...

Especially for accessing your inner ‘knowing’ and ‘intuition,’

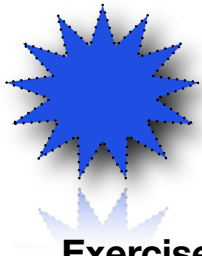
Archangel Gabriel also provides practical support for effective communications and creativity in your practical day-to-day life.

He has historically provided Leadership and can help you fearlessly tap in to this power to support you in being a Leader.

Archangel Gabriel reassures you that it is safe for you to be powerful, and protects you in that way.

He is often depicted with a trumpet, heralding to each soul of light the good news...

Guiding us along the path of ascension and our ultimate union with the Divine.



THE ANGEL OF POWER ARCHANGEL GABRIEL

Exercise:

Get into a comfortable position and close your eyes...

Call on Archangel Gabriel to come to your side and support you with quieting your mind.

Take a nice, deep cleansing breath and exhale.

Place your attention at your throat and imagine a beautiful turquoise blue star sitting in your throat.

Invite Archangel Gabriel to assist you in communicating more effectively and more lovingly...

Imagine that with each breath that you take you fill up the turquoise star with light that is Pure and True.

And with each breath the star glows, sparkles and shines, more and more.

Now place your attention at your heart chakra. Imagine an Emerald green heart sitting in the center of your chest.

Start to breath into this green heart and imagine filling it with light of Strength and Courage.

Now connect the Star and the Heart, begin to imagine a gentle flow of energy between the two...

Ask Archangel Gabriel to guide you to speak more from your heart, rather than the mind or the emotions.

Trust that you can now speak in a just and peaceful way...
Expressing your Truth.